# Adult Sports Leagues

## Basketball – Drop In

(Ages 18 & Up) Play basketball in an informal setting at a great price. Enjoy a good workout, meet some new friends, bring along some buddies to just play. No refs or uniform costs. We will set up a short court and provide a gym supervisor. Come out each Wednesday night and have some fun! Online Registration

#### Kickball

Recreation & Parks Adult Kickball League brings a fresh new twist to the adult recreational sports scene. Kickball... yes, just like you played in 5th grade. This great playground pastime is now back for adults 18 and older to enjoy. We encourage rivalries, cheering, and general fun; but if you are an individual looking for an extremely competitive sport, our leagues may not be for you. The idea behind kickball - past and present - is to have fun first, win second. Win or lose, what's better than being out there having fun with friends? Registration opens each Spring and games are played June-August. <u>Co-Ed Adult Kickball League</u>

# **Roller Hockey**

For more information contact Sports Coordinator Darrick Sesker at 301-475-4200 ext. 71830 or <u>darrick.sesker@stmaryscountymd.gov</u>

## Soccer (Indoor)

Get a group of friends together, a group from work, or a bunch of family members and form an indoor soccer team. Have a fun time while getting in a workout at the same time. Both competitive and recreational leagues are offered throughout the year. <u>Co-Ed Adult Soccer League</u>

### Volleyball

(Ages 18 & Up) Form a team with a group of friends, get together co-workers or have the family put a team together and play the great sport of volleyball. Have a fun time, get a break from the kids and a workout in at the same time. Both competitive and recreational leagues are available for Co-Ed and Women's teams. Online Registration