

# JUNIOR COACHES

The purpose of this program is to provide additional sports related opportunities for high school students and to set a standard for effective coaching. Winter sports coaches will volunteer to serve as mentors for the junior coaches and will be approved by Recreation and Parks. First-year coaches are not eligible to participate in the Junior Coaches Program. The Junior Coaches Program is way for students to positively impact their community and the future of youth sport coaching in St. Mary's County. It targets high school students to become the younger generation of coaches, with the goal of creating a consistent standard for coaching. As student athletes grow, the sports opportunities available to them decrease. The Junior Coaches Program creates alternate opportunities for youth interested sports and teaching them essential skills that will help shape them as an individual and help them later in life. Through this program, youth coaches will gain self-confidence, leadership skills, find their personal motivations, and serve as mentors to younger players.



## Specific Qualifications

- Must submit a Student Coach Application Form to the Recreation & Parks Sports Coordinator
- Must submit 2 letters of recommendation from teachers, coaches, or other members of the community
- Be entering junior or senior year of high school
- Must complete a training session conducted by Recreation & Parks staff
- Possess a strong work ethic
- Experience working with young people
- Ability to put the needs of others first
- Positive character and ability to make difficult decisions in the face of adversity
- Ability to relate to adults of all ages, as well as to children
- Flexibility and ability to accept supervision and guidance
- Good communication skills

For more information contact: Darrick Sesker  
[darrick.sesker@stmaryscountymd.gov](mailto:darrick.sesker@stmaryscountymd.gov)



[Download Application Here](#)