		SMCPS Scho Monday	ool Age Care Snac	k Menu 2024-25 Wednesday	Thursday	Menu subject to change Friday
Aug 12-16	А.М.					
	P.M.					
Aug 19-23	A.M.			Cheese its 100% Juice	Whole Grain Cereal 1% Milk	Graham Crackers 100% Juice
	P.M.			Whole Grain Wheat Thins	Saltine crackers w/ hummus 100% Juice	Whole Wheat bread Banana w/ honey 1% Milk
Aug 26-30	А.М.	Fresh Fruit 1% Milk	Whole Wheat English Muffins w/ Jelly	Original Cheerios 1% Milk	Whole Wheat Crackers W/ hummus	Whole Grain Cereal 1% Milk
	P.M.	Whole Wheat Goldfish	100% Juice Pretzels and cheese cubes 1% Milk	Whole Wheat Ritz Crackers & Cheese Cubes 100% Juice	100% Juice Cheese its 1% Milk	Tortilla w/ meat and cheese 100% Juice
Sep 2-6	A.M.	School closed Labor Day	Whole Grain Cereal 1% Milk	Plain Yogurt w/ Granola 100% Juice	Whole Wheat Pancakes Or Waffles w/ low sugar syrup 1% Milk	Apple Sauce 100% Juice
	P.M.		Whole Wheat crackers w/ hummus 100% Juice	Whole Wheat bread Banana w/ honey 1% Milk	Pretzels and cheese cubes	Whole Wheat Goldfish 1% Milk
Sep 9-13	A.M.	Whole Wheat Cheerios 1% Milk	Whole Wheat English Muffins w/ Jelly 100% Juice	Apple Sauce 1% Milk	Whole Wheat Ritz Crackers & Cheese 100% Juice	Whole Grain Cereal 1% <i>Milk</i>
	P.M.	Fresh Fruit	Pretzels and cheese cubes	Whole Wheat bread Banana w/ honey	Graham Crackers	Chips and salsa

		100% Juice	1% Milk	100% Juice	1% Milk	100% Juice
Sep 16-20	A.M.	Fresh Fruit	Whole Wheat Ritz Crackers & Cheese	Plain Yogurt w/ Granola	Whole Grain Cereal	School Closed
		100% Juice	1% Milk	100% Juice	1% Milk	
		Whole Wheat bread	Cheese its	Whole Wheat crackers	Tortilla w/ meat and	
	P.M.	Banana w/ honey		w/ hummus	cheese	
		1% Milk	100% Juice	1% Milk	100% Juice	
0		Whole Wheat English	Plain Yogurt w/	Whole Wheat Pancakes	Apple sauce	Whole Wheat Ritz
	A.M.	Muffins w/ Jelly	Berries	Or Waffles w/ low sugar syrup		Crackers & Cheese
		1% Milk	100% Juice	1% Milk	100% Juice	1% Milk
Sep 23-27		Fresh Fruit	Whole Wheat crackers	Chips and salsa	Whole Grain Cereal	Plain Yogurt w/ Berries
	P.M.		W/ hummus			
		100% Juice	1% Milk	100% Juice	1% Milk	100% Juice
		Fresh Fruit	Whole Wheat Crackers	Plain Yogurt w/	Whole Grain Cereal	Whole Wheat Ritz
	A.M.		W/ hummus	Granola		Crackers & Cheese
		100% Juice	1% Milk	100% Juice	1% Milk	100% Juice
Sep 30 - Oct 4		Whole Wheat bread	Cheese its	Whole Grain Wheat Thins	Pretzels and cheese	Apple Sauce
	P.M.	Banana w/ honey			cubes	
		1% Milk	100% Juice	1% Milk	100% Juice	1% Milk
		Whole Wheat English	Whole Wheat Pancakes	Plain Yogurt w/	Whole wheat mini bagel	Whole Grain Cereal
	А.М.	Muffins w/ Jelly	Or Waffles w/ low sugar syrup	Honey and Berries	w/ cream cheese	
0.1.7.11		1% Milk	100% Juice	1% Milk	100% Juice	1% Milk
Oct 7-11		Fresh Fruit	Chips and salsa	Whole Wheat crackers	Wheat Thins	Tortilla w/ meat and
	P.M.			W/ hummus		cheese
		100% Juice	1% Milk	100% Juice	1% Milk	100% Juice
		Fresh Fruit	Plain Yogurt w/	Whole Wheat English	Whole Wheat Cereal	Whole Wheat Pancakes
Oct 14-18	A.M.		Honey and Berries	Muffins w/ Jelly		Or Waffles w/ low sugar syrup
		100% Juice	1% Milk	100% Juice	1% Milk	100% Juice
		Whole Wheat crackers	Wheat Thins	Pretzels and	Tortilla w/ meat and	Chips and salsa
	P.M.	W/ hummus		cheese cubes	cheese	
		1% Milk	100% Juice	1% Milk	100% Juice	1% Milk

Oct 21-25	A.M.	Fresh Fruit	Whole Wheat Pancakes Or Waffles w/ low sugar syrup	Graham Crackers	Plain Yogurt w/ Honey and Whole Wheat	Whole Wheat Cereal
		1% Milk	100% Juice	1% Milk	Granola 100% Juice	1% Milk
		Whole Wheat bread	Cheese its	Whole Wheat Ritz	Chips and salsa	Pretzels w/
	P.M.	Banana w/ honey		Crackers & Cheese Cube		Hummus
		100% Juice	1% Milk	100% Juice	1% Milk	100% Juice
		Whole Wheat Pancakes	Whole wheat mini bagel	Apples w/	Whole Wheat Cereal	Plain Yogurt w/
	A.M.	Or Waffles w/ low sugar syrup	w/ cream cheese	sunflower butter		Honey and Whole Wheat
		100% huice	1% Milk	100% Juice	1% Milk	Granola 100% Juice
Oct 28 - Nov 1		100% Juice Fresh Fruit	Tortilla w/ meat and	Wheat thins	Veggies	Chips and salsa
		TICSHTTUR	cheese	w/ cheese cubes	W/ hummus	Onips and saisa
	P.M.					
		1% Milk	100% Juice	1% Milk	100% Juice	1% Milk
		Whole wheat cereal	Election Day	Whole Wheat Pancakes	Plain Yogurt w/	Graham Crackers
	A.M.		Closed	Or Waffles w/ low sugar syrup	Honey and Berries	
		404 M/II-	OSC	407 M.U.	1000/ 1.100	404 14:00
Nov 4-8		1% Milk Whole Wheat bread		1% Milk Pretzels and	100% Juice Wheat Thins	1% Milk Tortilla w/ meat and
		Banana w/ honey		cheese cubes	wheat mins	cheese
	P.M.	Barlana W/ Honoy				0110000
		100% Juice		100% Juice	1% Milk	100% Juice
		Veterans Day	Apples w/	Plain Yogurt w/	Whole Wheat English	Whole Wheat Cereal
	A.M.	Closed	sunflower butter	Honey and Whole Wheat	Muffins w/ Jelly	
				Granola		
Nov 11-15			1% Milk Wheat thins	100% Juice Chips and salsa	1% Milk Veggies	100% Juice Cheese its
			w/ cheese cubes	Unips and saisa	W/ hummus	
	P.M.					
			100% Juice	1% Milk	100% Juice	1% Milk
		Whole wheat mini bagel	Fresh Fruit	Whole Wheat Pancakes	Whole Wheat Ritz	Plain Yogurt w/
	A.M.	w/ cream cheese		Or Waffles w/ low sugar syrup	Crackers & Cheese	Honey and Berries
NL 40.00		1% Milk	100% Juice	1% Milk	100% Juice	1% Milk
Nov 18-22		Pretzels and	Whole Wheat bread	Tortilla w/ meat and	Chips and salsa	Wheat Thins
	P.M.	cheese cubes	Banana w/ honey	cheese		
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		100% Juice	1% Milk	100% Juice	1% Milk	100% Juice

Nov 25-29	А.М.	Graham Crackers	Whole Wheat English Muffins w/ Jelly	Closed OSC	Thanksgiving Break Closed	Thanksgiving Break Closed
		100% Juice	1% Milk			
	P.M.	Whole Wheat Ritz Crackers & Cheese Cube	Chips and salsa			
		1% Milk	100% Juice			