

Pool Use Schedule May 2024

Updated 5/2/24

Monday

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30				
Competition Pool	6 Lanes				3 Lanes		2 Lanes		3 Lanes		Open Swim - 6 Lanes										6 Lanes		2 Lanes			1 Lane						
Aqua Aerobics					Dig DEEP 3 Lanes		Aqua Blast 4 Lanes		Aqua EZ 3 Lanes																						Swim Lessons 1 Lane	
Therapy Pool																						Swim Lessons										
Swim Teams																							Rockfish-4:30p-8:00p - 4 Lanes									

Tuesday

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30				
Lap Swim	6 Lanes				2 Lane		6 Lanes		Open Swim - 6 Lanes										6 Lanes		2 Lanes			1 Lane								
Aqua Aerobics					Aqua Rock 4 Lanes																										Swim Lessons 1 Lane	
Therapy Pool									Flex & Stretch		Aqua Arthritis		Aqua Express		Aqua Arthritis								Swim Lessons									
Swim Teams																							Rockfish-4:30p-8:00p - 4 Lanes									

Wednesday

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30		
Lap Swim	6 Lanes				3 Lanes		2 Lanes		6 Lanes		OpenSwim - 6 Lanes										6 Lanes		2 Lanes							
Aqua Aerobics					Burn & Stretch 3 Lanes		Aqua Blast 4 Lanes																							
Therapy Pool									Anything Goes														Swim Lessons							
Swim Teams																							Rockfish-4:30p-8:00p - 4 Lanes							

Thursday

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30				
Lap Swim	6 Lanes				2 Lane		6 Lanes		Open Swim - 6 Lanes										6 Lanes		2 Lanes			1 Lane								
Aqua Aerobics					Aqua Rock 4 Lanes																										Swim Lessons Lane	
Therapy Pool									Flex & Stretch		Aqua Arthritis		Aqua Express		Aqua Arthritis								Swim Lessons									
Swim Teams																							Rockfish-4:00p-8:00p - 4 Lanes									

Friday

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30				
Lap Swim	6 Lanes				3 Lanes		2 Lane		6 Lanes		Open Swim - 6 Lanes										6 Lanes		2 Lanes			1 Lane						
Aqua Aerobics					Dig DEEP 3 Lanes		Aqua Blast 4 Lanes																								Swim Lessons 1 Lane	
Therapy Pool									Flex & Stretch		Aqua Arthritis												Swim Lessons									
Swim Teams																							Rockfish-5:00p-8:00p - 4 Lanes									

Saturday																																
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30				
Lap Swim	6 Lanes		4 Lanes				2 Lanes				Open Swim 6 Lanes						4 Lanes		1 or 3	Open Swim 3-6 Lanes												
Aqua Aerobics							Aqua Blast 3 Lanes	Aqua Zumba 3 Lanes									Swim Lessons 2 Lanes															
Therapy Pool							Swim Lessons - 9:00am - 1:30																									
Swim Teams			Rockfish-7:00-9:00a - 2 Lanes				Rockfish-9:00-10:30a - 1 Lanes															Birthday Party Rentals - 3:00p-7:30p										

Sunday																
Lap Swim																
Aqua Aerobics																
Therapy Pool																
Swim Teams																

Events and Classes (May affect lane availability)
PADI Open Water Diver Cert: 5/18 8am-12pm, 5/19 12pm-4pm
PADI Discover Scuba Course: 5/18 8am-10am
PADI Reactivate Refresher Course: 5/19 12pm-2pm